



Your free CARE Act wallet card!

AARP Maryland fought for Maryland's CARE Act to help family caregivers when their loved ones go into the hospital and as they transition home. We hope you will cut out the cards below, and place them in your and your loved one's wallets. That way, you'll both have the important information about this new law available when you need it most.

How to make your wallet cards:

1. Print this page, double sided if possible.
2. Cut your cards out.
3. If you didn't print double sided, tape front and back of cards together.
4. Laminate if desired.
5. Place cards in your and your loved one's wallets.

FRONT

KEEP THIS CARD IN YOUR WALLET

WHEN YOUR LOVED ONE ENTERS THE HOSPITAL

Flip this card for information about

Maryland's CARE Act

I  CaregiversSM

 Real Possibilities in
Maryland

BACK

Maryland's CARE Act requires hospitals to:

- ♥ Provide your loved one the opportunity to designate a caregiver—such as a family member, friend, or neighbor.
- ♥ Inform you when your loved one is to be discharged to another facility or back home.
- ♥ Consult with you on the medical tasks you will need to perform at home.

For more information about caregiving resources, call **1-866-542-8163**.

-For tools and resources visit aarp.org/caregiving

-To share your story and connect with others visit aarp.org/iheartcaregivers

-To find out how AARP is fighting for you check out aarp.org/SupportCaregivers

I  CaregiversSM
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